



# ONTARIO GRECO-ROMAN CHAMPIONSHIPS (Junior & Senior Divisions)

*Sanctioned by the Ontario Amateur Wrestling Association,  
the Provincial Sport Organization for Wrestling  
as recognized by the Ontario Ministry of Health Promotion*

Date: Saturday, March 13, 2010  
Location: Toronto Wrestling Development Centre (City Adult Learning Centre)  
1 Danforth Ave., Toronto Ontario

Divisions: There will be a **Junior Division** (20 and under, must turn 17 in 2010)  
**Senior Division** (over 20, underage athletes may compete, but must turn 17 in 2010). Underage athletes must complete the waiver form for underage athletes available on the OAWA web-site.

Weight Classes: 55kg - 60kg - 66kg - 74kg - 84kg - 96kg - 120kg + a 2 kg. allowance

Skin Check/Weigh-in: Friday, March 12, 2010, at your site

e-mail weigh-in information to: [oawanationals@hotmail.com](mailto:oawanationals@hotmail.com) by 5:00 pm on Friday evening.

**Weight-Verification:** A random weight verification will take place at the tournament site on Saturday morning. Randomly selected athletes will be required to weigh-in before 9:30 am and will be required to be within 1 kg. of the weight they were sent in at.

For example, for 55 kg. weight class, the athlete will have to be below:  
 $55 + 2 \text{ kg. allowance} + 1 \text{ kg.} = 58 \text{ kg.}$

**IF AN ATHLETE MISSES THE WEIGHT + ALLOWANCE, THEIR ENTIRE TEAM WILL HAVE TO WEIGH-IN AND MAKE THE WEIGHT + ALLOWANCE.**

Coaches Meeting: Saturday, March 13, 2010 9:30 am at the tournament site

Wrestling Starts: 10:00 am.

Draw Format: Double-elimination Bracket draw.  
Any weight classes with five or fewer athletes will wrestle a round-robin.

**The draw will be posted at 8:30 am. Coaches are asked to report problems with the draw by 9:00 am. After 9:00 am the draw will be final. After 9:00 am., no corrections will be accepted. This is intended to allow time to make corrections and still start on time so please cooperate!**

Rules: Canadian Amateur Wrestling Association Open Rules will be in effect.

Eligibility: As per CAWA rules, any athlete turning 17 during 2010 is eligible to compete in the Senior event.

All Ontario participants must be members of the **Ontario Amateur Wrestling Association**

Athletes from other Provinces are eligible to compete, and must **show proof** of membership in their Provincial Wrestling Association.

U.S. Competitors may compete, and must **show proof** of membership in USA Wrestling.

Awards: Provincial Championships Medals for top 3, Ribbons for 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup>

Entry Fee: \$25.00 per wrestler (make cheque payable to OAWA)

## OAWA Membership:

PLEASE COMPLETE YOUR OAWA MEMBERSHIP (on-line @ [www.oawa.ca](http://www.oawa.ca)) IN ADVANCE. THERE IS AN ADDITIONAL (\$20.00) FEE FOR FORMS SUBMITTED AT THE EVENT. IF YOU ARE REGISTERING WITH THE O.A.W.A. AT THE EVENT, PLEASE BRING A PHOTOCOPY OF YOUR I.D.

**Coaches are required to complete registration before the start of wrestling.**

**FOR FURTHER EVENT INFORMATION, CONTACT THE O.A.W.A. OFFICE:**

**(416)426-7274 or [admin@oawa.ca](mailto:admin@oawa.ca)**