



## ONTARIO High Performance Program (OHP)

### December Clinic

**Sunday, December 10**

Location: Turner Fenton Secondary School  
7935 Kennedy Rd, Brampton, ON

Featuring Guest clinicians:

**Erica Wiebe**

and **Paul Ragusa**



**2016 Olympic Gold Medal Winner and Coach**

Please e-mail: [OHPwrestling@gmail.com](mailto:OHPwrestling@gmail.com)  
by Monday, Dec. 4 to let us know you are attending \*

## Clinic Schedule

### Sunday:

- |                   |   |
|-------------------|---|
| 8:30 am - 9:00 am | - Registration                          |
| 9:15 am-11:15 pm  | - Mat Session #1                        |
| 11:30am -12:15 pm | - Lunch Break ( <b>lunch provided</b> ) |
| 12:45 - 2:45 pm   | - Mat Session #2                        |
| 2:45 – 3:00 pm    | - Break                                 |
| 3:00 -4:00 pm     | - Scrimmage                             |



**Cost:** **Included in OHP fees** (*includes lunch*)  
\$ 75.00\* including tax for Non OHP members (*includes lunch*)  
*\* Added \$5.00 fee for late registrations.*