

OAWA Clubs by Region

NorthWest Region

	City or county	Head Coach	Contact	Email
Lakehead W.C.	Thunder Bay	Shane Comeau	Scott Gordon	tbaygordon@gmail.com
Dryden W.C.	Dryden	Richard Walsh	Richard Walsh	richard.walsh@k12.kpsdsb.ca
Whitedog W.C.	Whitedog	Tara Hadican	Tara Hadican	thedican@gmail.com

North East Region

	City or county	Head Coach	Contact	Email
Mariposa Wrestling Club	Orillia	Robert Parsons	Robert Parsons	coachbob60@rogers.com
Sudbury Regional W.C.	Sudbury	Guy Quenville	Guy Quenville	ourhaven69@hotmail.com
Laurentian University	Sudbury	Joe Greer	Joe Greer	josephgreer80@gmail.com
Timmins W.C.	Timmins	Neil Bangs	Neil Bangs	bangsncscdgr.on.ca
Elliott Lake W.C.	Elliott Lake	Joey Lagace	Joey Lagace	elliottlakewc@hotmail.com
Algoma W.C.	Sault St. Marie	Trevor Manchester	Trevor Manchester	trevor.manchester@gmail.com
Voyageur W.C.	Sudbury	Joe Greer	Joe Greer	josephgreer80@gmail.com
Junior Voyageur W.C.	Sudbury	Guy Quenville	Guy Quenville	ourhaven69@hotmail.com

Eastern Region

	City or county	Head Coach	Contact	Email
Thunder Wolves	Cobourg	Tyler Cochrane	Tyler Cochrane	shapeupwithkyle@yahoo.ca
National Capitol W.C.	Ottawa	Chris Schrauwen	Sarah Stringer	sarah.94@hotmail.ca
Renfrew Amateur W.C.	Renfrew County	Harry Smith	Grant Lavalle	grant_wrestle@hotmail.com
Tsunami Wrestling Academy	Ottawa	Derek Kossatz	Derek Kossatz	tsunami@storm.ca
University of Ottawa	Ottawa	Erika Levesque	Erika Levesque	tsunami@storm.ca
Arnprior W.C.	Arnprior	Kevin Mayhew	Kevin Mayhew	kevwen@sympatico.ca
Kingston W.C.	Kingston	Marcus Neiman	Marcus Neiman	aniemann7@hotmail.com
Queens University W.C.	Kingston	Gianni Vecchio	Gianni Vecchio	qwrestle@queensu.ca
Pathway W.C.	Ottawa	Tim Hickey	Tim Hickey	timhickey@pathwayjiujitsu.com
Tri-County W.C	Portland	Scott Pepper	Scott Pepper	scott.pepper@ucdsb.on.ca

South West Region

	City or county	Head Coach	Contact	Email
London Western W.C.	London	Ray Takahashi	Sue Perkins	perkinsw@rogers.com
Windsor W.C.	Windsor	Dave Hawkins	Dave Hawkins	dave.hawkins@publicboard.ca
Essex County W.C.	Essex County	James Pernal	James Pernal	jamespernal@hotmail.com
Oxel W.C.	St. Thomas	John Cook	John Cook	grandmed@execulink.com
Notre Dame	Woodstock	Robert Richer	Robert Richer	robert.richer@gmail.com
Goderich W.C.	Goderich	Steven Lindstrom	Steven Lindstrom	steven.lindstrom@gmail.com
Sarnia Bluwater W.C.	Sarnia	John Burke	John Burke	john.burke966@gmail.com
L'Essor W.C.	Windsor	David Tremblay	Shayne Bryan	byrnshay@cscprovidence.ca
Woodstock 1	Woodstock	Garry McQuaid	Garry McQuaid	donovanatcurries@hotmail.com

Central West Region

	City or county	Head Coach	Contact	Email
Daredevil's Wrestling Club	Brantford	Ed Zinger	Ed Zinger	ed.zinger@ontario.ca
Brock Junior W.C.	St Catharines	Heather Sweezey	Heather Sweezey	brockjuniorwrestling@outlook.com
Guelph W.C.	Guelph	Doug Cox	Doug Cox	dcox@uoguelph.ca
Spartans W.C	Milton	Simon Vanellis	Kevin Ramroop	miltodynamowrestling@gmail.com
Matmen W.C.	Kitchener	Mitch Bedard	Mitch Bedard	matmencoach@gmail.com
Hamilton W.C.	Hamilton	Rob Betz	Derm Tilly	tillyed@cogeco.ca
Jr. Badgers W.C.	St Catharines	Kekoo Gatta	Kekoo Gata	kekoogatta@gmail.com
Brock W.C.	St Catharines	Marty Calder	Marty Calder	brockwrestlingc@outlook.com
St. John Klimarnock	Kitchener	James Cako	James Cako	jcako@sjkeagles.com
Tri-City W.C.	Guelph	Tom Cako	Tom Cako	tom@cakoperformance.com
Hillfield Strathallan	Hamilton	Bob Neibert	Bob Neibert	bob.neibert@hsc.on.ca
Discipline	Hamilton	Dave Mair	Dave Mair	dave.mair@sympatico.ca
Jr. Celtics W.C.	Hamilton	Sheldon Francis	Sheldon Francis	bishopryanwrestling@gmail.com
Burlington Amateur W.C.	Burlington	Colin Miller	Colin Miller	cmiller@mentorcollege.edu

Jr Marauders	Hamilton	Sheldon Francis	Derm Tilly	dermtilly@gmail.com
K-W Kaos	Kitchener	Angela Bender	Angela Bender	akakbender4@gmail.com
Stekle Sting	Kitchener	Rich Plozzer	Rich Plozzer	plozzer@me.com
Central East Region	City or county	Head Coach	Contact	Email
Battle arts Academy	Mississauga	Jeramie Latour	Jeramie Latour	baawrestling@gmail.com
Central Toronto WC	Toronto	Mike Quinsey	Mike Quinsey	mikequinsey@gmail.com
Team Impact	Toronto/Oshawa	Stan Tzogas	Chris Stefopoulos	cstefopoulos@gmail.com
Lexus Titans W.C.	Brampton	Marlon Sherland	Marlon Sherland	m_sherland@sympatico.ca
Matmen W.C.	Mississauga	Greg Cappuccitti	Steven Suraci	stevesuraci@rogers.com
Akhara of Champions	Mississauga	Ashok Kumar	Ashok Kumar	TheAkhara@gmail.com
York Wrestling Club	Toronto	Eamonn Dorgan	Eamonn Dorgan	moedorg@hotmail.com
Real Amateur Wrestling	Brampton	Chris Kelman	Chris Kelman	chris.kelman@peelsb.com
Nile Wrestling Academy	Toronto	Yasin Kaya	Yasa Kaya	yasin@nileacademy.ca
Kempfenfelt Bay W.C.	Barrie	Nick Cryer	Nick Cryer	anne_goorts@hotmail.com
Undisputed Martial Arts	Toronto	Yiannis Narlidis	Yiannis Narlidis	eciwrestling@hotmail.com