



Toronto Wrestling Development Centre

Where is it? Physical Education Building
City Adult Learning Centre
1 Danforth Ave.,
Toronto, Ontario

What is it?

The Ontario Amateur Wrestling Association operates the Toronto Wrestling Development Centre as part of its greater initiative to foster the growth of Wrestling in Toronto. The Centre is an 80' x 50' fully matted wrestling room as well as change facilities. The Centre is a training site for all current OAWA members, particularly those in Toronto wanting to add to their current training. It is close to transit and parking is free.

New athletes, or those currently wrestling with an OAWA club team may participate in the Training Centre Training Sessions.

All athletes must have the permission of their club coach to participate in Centre Sessions, and the Coach must be aware that they are attending.

Training sessions are run by volunteers with the TEAM IMPACT Wrestling Club. OAWA members do not need to be TEAM IMPACT club members to participate in training sessions, but are expected to abide by training session guidelines as per the instructions of the volunteer coaches on hand.

All participants must follow the training session based on the instruction of the Team Impact Coaches. Failure to follow the training session as presented, or to otherwise disrupt the practice, will result in you being asked to leave.

Cost: All existing OAWA members registered with an OAWA Member Club may participate in regular training sessions at no cost. Independent OAWA members must join a recognized OAWA Club to ensure full compliance with all OAWA safety guidelines.

Special camps and clinics may require payment.

Coaches: All Coaches must be OAWA members. All Toronto area coaches are invited to participate in regular training sessions.

Training Schedule (subject to change):

Please refer to the TWDC Training Schedule on the OAWA web site.

Note: enter by door #6 at the south east side of the school.

Contact the following for more information on sessions listed:

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